

PMEX UPDATE

BUY  CRUDE10-SE26 83.71 0.61% Expiry 19/Aug/26 Remaining 7 Days Entry 83.72 - 83.88 Stoploss 83.00 Take Profit 84.31 - 84.72	BUY  NGAS1K-SE26 2.8020 1.26% Expiry 26/Aug/26 Remaining 14 Days Entry 2.78 - 2.8 Stoploss 2.77 Take Profit 2.83 - 2.85	BUY  GO10Z-DE26 4,472.20 0.70% Expiry 26/Nov/26 Remaining 106 Days Entry 4448 - 4453 Stoploss 4436.00 Take Profit 4464 - 4480	BUY  SL10-SE26 66.49 -2.05% Expiry 27/Aug/26 Remaining 15 Days Entry 65.51 - 65.7 Stoploss 65.23 Take Profit 65.95 - 66.13
BUY  PLATINUM5-OC26 1,809.50 3.11% Expiry 28/Sep/26 Remaining 47 Days Entry 1797 - 1803 Stoploss 1788.00 Take Profit 1818 - 1826	BUY  COPPER-DE26 6.6843 0.76% Expiry 24/Nov/26 Remaining 104 Days Entry 6.69 - 6.7 Stoploss 6.66 Take Profit 6.72 - 6.74	BUY  ICOTTON-DE26 84.61 0.26% Expiry 19/Nov/26 Remaining 99 Days Entry 83.77 - 83.96 Stoploss 83.52 Take Profit 84.33 - 84.75	BUY  DJ-SE26 53,977 0.18% Expiry 17/Sep/26 Remaining 36 Days Entry 53945 - 53990 Stoploss 53881.00 Take Profit 54064 - 54109
BUY  SP500-SE26 7,769 0.27% Expiry 17/Sep/26 Remaining 36 Days Entry 7745 - 7751 Stoploss 7738.00 Take Profit 7761 - 7771	BUY  NSDQ100-SE26 29,825 0.67% Expiry 17/Sep/26 Remaining 36 Days Entry 29910 - 29919 Stoploss 29778.00 Take Profit 30011 - 30100	BUY  GOLDUSDJPY-SE26 159.09 -0.13% Expiry 27/Aug/26 Remaining 15 Days Entry 158.34 - 158.48 Stoploss 158.16 Take Profit 158.68 - 158.78	BUY  GOLDEURUSD-SE26 1.1543 0.00% Expiry 27/Aug/26 Remaining 15 Days Entry 1.1536 - 1.154 Stoploss 1.153 Take Profit 1.1551 - 1.1561

Major Headlines

Oil prices choppy amid uncertainty over Hormuz deal negotiations

Oil prices oscillated around the flatline on Wednesday, as the U.S. and Iran remained at odds over a deal to reopen the Strait of Hormuz. Brent crude futures, the global oil benchmark, had inched up by 0.3% to \$89.28 a barrel by 06:49 ET (10:49 GMT), while U.S. West Texas Intermediate crude futures had risen 0.5% to \$83.41 a barrel.

Gold rises near \$4,400 as investors await U.S. inflation data for Fed clues

Gold prices extended gains on Wednesday, holding near the \$4,400-an-ounce level as investors awaited U.S. inflation data for fresh clues on the Federal Reserve's interest-rate path while monitoring uncertainty around efforts to reopen the Strait of Hormuz.

Wall St futures tick up heading into July inflation data

U.S. stock index futures edged higher on Wednesday ahead of a key inflation report that could influence the Federal Reserve's monetary policy path, while upbeat earnings from some AI infrastructure companies offered support. July consumer prices data, due at 8:30 a.m. ET, is expected to show that prices increased moderately in July. The CPI likely rebounded 0.1% last month, a Reuters survey of economists predicted, after falling 0.4% in June.

Japanese Yen: Oil prices keep USD/JPY near 160 resistance

US-Japan rate spreads have already narrowed in favor of JPY, and we see room for further compression. The BoJ's policy rate is near the lower end of its neutral range estimate (1.10%-2.50%) while Japan's economy is operating above potential. In contrast, Fed policy is restrictive (assuming a neutral rate of 3.00%) and the economy is operating around potential.

EUR/USD Price Forecast: Range-bound trade persists below 100-day SMA

EUR/USD fluctuates on Tuesday, holding within the range seen over the past week. At the time of writing, the pair trades around 1.1546, virtually unchanged on the day. The sideways price action comes as the US Dollar (USD) stabilizes near its recent lows, with traders closely monitoring developments in the Middle East, particularly around the reopening of the Strait of Hormuz.

Economic Calendar

CPI (YoY) (Jul)
CPI (MoM) (Jul)
Core CPI (MoM) (Jul)
Crude Oil Inventories

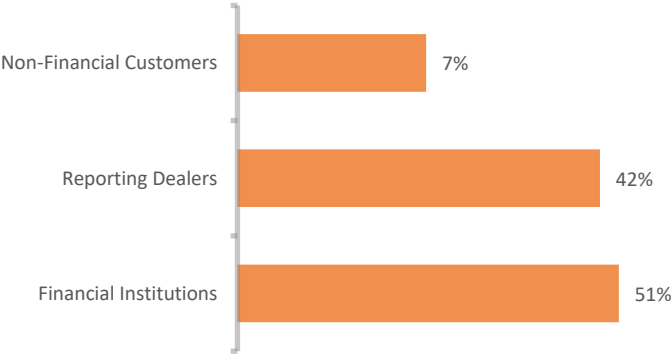
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Forex Market Hours

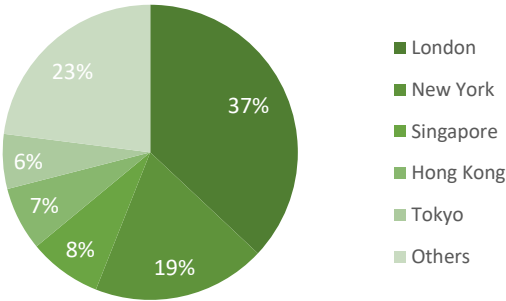


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

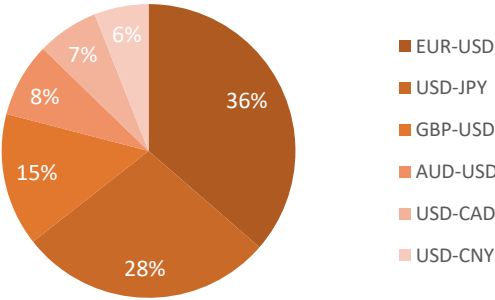
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 278.22
- JPY/PKR: 1.70

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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